

Goals



Goals are a very important aspect of the NDIS Planning process and are discussed specifically in the planning conversation. As such, it is important clients consider developing goals that contribute to creating meaningful and life enhancing experiences.

Most NDIS Plan will be made for 12 months, with budgets (funding) aligning with the eight specified domains of:

- Daily living
- Home
- Health and wellbeing
- Lifelong learning
- Work
- Social and community participation
- Relationships and
- Choice and control.

If clients are having difficulty deciding on goals, these domains as a starting place may be helpful to determine their existing supports and see where further supports may be required to reach identified goals.

It is crucial that the day-to-day supports a person requires, such as personal care or equipment needs are not identified as goals. These should be funded as part of the necessary supports that enable them to participate in their chosen goals, career and aspirations.

Engaging in a new hobby, sporting or community club, volunteering, creating a new career path through further education, learning new skills, and engaging in their local community activities are some examples of potential goals areas that can be considered.

If you would like more information, please call Linda Macmillan, PQSA Projects Coordinator on (08) 8355 3500 or email lindam@pqsa.asn.au

